

SUMMER 2022

SSVC CLASSES, TEAMS, AND CAMPS



REGISTER ONLINE AT
SILVERSTATEVOLLEYBALL.COM

AGES 6-10 // GIRLS AND BOYS

Minis - Coordination and Movement Class

- SSVC Carson: Classes are Wednesdays 4:00-5:15 pm. Offered in [May](#), [June](#), [July](#).
- SSVC Reno: Classes are Fridays 4:00-5:15 pm. Offered in [May](#), [June](#), and [July](#).
\$50 for 4 classes or drop-in for \$15/class

AGES 10-14 // GIRLS AND BOYS

Academy - Beginner Volleyball Skills Class

- SSVC Carson: Classes are Mon/Wed 4:00-5:30 pm. Offered in [May](#), [June](#), [July](#).
- SSVC Reno: Classes are Tue/Thurs 4:00-5:30 pm. Offered in [May](#), [June](#), [July](#).
\$90-\$110 for the month or drop-in for \$15/class

Summer Teams - Local Seasonal Teams for incoming 6-8th Graders

- 10-week program with 3 competition days in Carson or Reno
- [SSVC Carson: Selection Day](#) on Friday, June 10 5:00-7:00 pm.
Practice Schedule: Tues/Fri 5:00-7:00 pm
- [SSVC Reno: Selection Day](#) on Tuesday, June 7 5:30-7:30 pm.
Practice Schedule: Tues/Thurs 5:30-7:30 pm
- No cost to attend Selection Day. Team Cost: \$540 or two payments of \$270

INCOMING 7-10TH GRADE // BOYS

FREE Boys Volleyball Open Practices

- No previous volleyball experience is necessary but athletic experience would be beneficial. Players under 14 are also welcome to attend Academy
- [Tuesday, June 7 & June 14 @ SSVC Carson](#) 5:30-7:30 pm
- [Friday, June 10 & June 17 @ SSVC Reno](#) 5:30-7:30pm

Inaugural Summer Boys Volleyball Season

- 5/6-week program with scrimmages in Carson or Reno.
- Carson Team: [Selection Day](#) - Tuesday, June 21 5:30-7:30 pm. Season cost \$180
Practice Schedule: Tuesdays 5:30-7:30 pm
- Reno Team: [Selection Day](#) - Friday, June 24 5:30-7:30 pm. Season cost \$155
Practice Schedule: Fridays 5:30-7:30 pm
- No cost to attend Selection Day. Includes team shirt.

INCOMING 7-12TH GRADE // GIRLS AND BOYS

Position-Specific Classes

- Classes for Middle Blockers, Pin Hitters, and Libero/Defensive Specialists
- [Saturdays 10:00 am-11:30 am at alternating locations](#). Check schedule. \$20

Regan Pittman - End of Summer Intermediate Camp

- Regan graduated from the University of Minnesota in 2021 with a Masters Degree in Youth Development Leadership. A three-time All-American, three-time BIG 10 Team and AVCA All-North Region Selection.
- [Friday, July 15: 1-4 pm and Saturday, July 16: 10 am-12 pm @ SSVC Reno. \\$90](#)

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INCOMING 8-12TH GRADERS // GIRLS AND BOYS

Beach Volleyball @ SSVC Reno

- Three sessions offered: [May 17-June 9](#) // [June 14-July 7](#) // [July 12-Aug 4](#)
- Players train in pairs two days per week on Tues/Thurs and compete in-house tournament vs other pairs in the program. Cost: \$225 per session

INCOMING 8-12TH GRADERS // GIRLS

Flight School - High Intensity Off-Season Training by invitation

- Trains three days per week for three hours including weight training and conditioning. Program is split into two groups: Mavericks and Prospects
- How do I sign up for Flight School? This program is by invitation. Members of the SSVC club teams are being evaluated throughout the club volleyball season. The criteria being evaluated are: 1) attendance, 2) motivation to become the best they can be as a student and player, 3) skill execution, and 4) desire to play at the next level.
- Not a member of SSVC club teams but interested in participating in Flight School? Email us at silverstatevbc@gmail.com with name, position, metrics, video, and volleyball experience. An alternative evaluation may be required.

INCOMING 9-12TH GRADERS // GIRLS

Phoenix Teams - High School Summer Volleyball Prep

- 8-week program with 3 competition days in Carson or Reno. Includes competitive play each practice.
- [SSVC Reno: Selection Day](#) on Tuesday, May 31 5:30-7:30 pm. Practice Schedule: Mon/Wed 5:30-7:30 pm
- [SSVC Carson: Selection Day](#) on Wednesday, June 1 5:30-7:30 pm. Practice Schedule: Mon/Wed 5:30-7:30 pm
- No cost to attend Selection Day. Team Cost: \$480 or two payments of \$240

INCOMING 10-12TH GRADERS // GIRLS AND BOYS

Regan Pittman - Get Ready for Tryouts Intensive Camp

- Regan graduated for the University of Minnesota in 2021 with a Masters Degree in Youth Development Leadership. A three-time All-American, three-time BIG 10 Team, and AVCA All-North Region Selection.
- Not for the faint of heart, camp is intended to challenge players. Younger players require SSVC staff approval (email silverstatevbc@gmail.com)
- [Saturday, July 16: 1-4 pm and Sunday, July 17: 9 am-12 pm > Lunch \(not provided\) > 1-4 pm. \\$160](#)